

Cycling safety tips

10 things to remember for a safe cycle

1. Consider wearing a helmet



2. Keep your bike in good condition



3. Be aware of slippery wet road surfaces



5. Obey traffic lights & signs



4. Use bike lights and consider bright or reflective clothing, especially in towns, at night and in bad weather

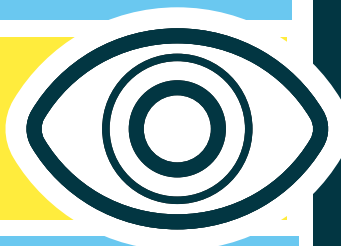


6. Make sure you're always in a position that is visible to motorists



7. Avoid undertaking on the left

9. Check if other road users have seen you by making eye contact, especially at crossings



8. Ride a door's width away from parked cars



10. Use your bell to warn unaware pedestrians

